Inside

RAG 'N' BONE MAN: Return to the Wyldes ahead of his Bude gig

LATEST LOCAL NEWS
SPECIAL FEATURES
WIN TICKETS TO THE WYLDES

DISTRIBUTED FREE TO OVER 5,000 HOMES AND KEY PUBLIC OUTLETS IN AND AROUND BUDE
JOIN OUR STATE OF THE ART GYM, POOL AND SPA FROM JUST £13.20 PER WEEK

WE ALSO CATER FOR NON-MEMBERS WITH OUR SPA DAYS & BEAUTY TREATMENTS

01288 361940
WWW.WCLUBWHALESBOROUGH.CO.UK
SEARCH WCLUBBUDE
Welcome to the first edition of Bude Life

I hope you enjoy reading about some of the great stories and people that make our community so special.

So often in the media, we only hear about the negative things that are happening, including more recently the Coronavirus pandemic - and the positive stories never get shared.

Bude Life is your publication, distributed into homes and public outlets across the area. There’s so much that is great about Bude and we want to share just some of it.

We would love to hear of your news and events taking place locally and we’ll share what we can. Additionally, if you’re interested in advertising within the next Summer edition, please get in touch too at info@budelife.co.uk

Here’s to some warm spring days ahead - and here’s to some of the great stories making up our fantastic community!

Jont Michael
jon@budelife.co.uk
07738 707920

CONTENTS

05 BUDE FOOD BANK REACHES OUT
Sue Jarvis shares how there is a growing need for donated food locally

07 IN THE SPOTLIGHT
Meet your local Bude bobby, Dave Flynn

08 A LOOK INTO THE WYLDES
BRITS winner amongst big names in Bude

13 HOUSE PRICES IN BUDE
Lack of houses for sale keeping prices rising

15 BEREAVED IN BUDE
Norah offered support by North Devon Hospice following death of husband

17 RNLI BACK ON OUR BEACHES
Growing numbers visit our beaches

19 FROTHING FOR FRIDAY
Bude’s Waveriders ready to hit the Summerleaze surf

Want to be seen in our Summer edition of Bude Life?

If you want your business to feature in our next edition and reach 5,000 homes and public outlets across Bude, call 07738 707920 or email info@budelife.co.uk
• BISTRO
• CAFÉ
• RESTAURANT

15 QUEEN STREET, BUDE 01288 350059 THESURFINFROG.COM

AN UNCOMMON DINING EXPERIENCE

QUIRKY MENU, AMAZING FOOD

FRESHLY PREPARED & SERVED WITH PASSION

PEKING DUCK BAO BUNS; CRISPY BEER-BATTERED CAULIFLOWER TACOS;
HAWAIIAN PIPIKAILA STEAK; MOROCCAN CHICKEN SKEWERS; IRISH EGGS;
DEEP FRIED GOAT’S CHEESE; MEZZE PLATTER; PIZZA; PULLED VENISON IN BBQ SAUCE

VEGAN & VEGETARIAN CHOICES AND SO MUCH MORE.....
‘Spend a day with me and you will see the need for a food bank in Bude’

Former landlady, Sue Jarvis has spent over 40 years running a pub in Bude.

In the last few years she has swapped her business for a life of volunteering, dedicated to a community and project she loves.

Sue now heads up the Bude Food Bank project helping around 60-70 families each month. She tells us “Over the last few years the need for a food bank in the area has grown and grown. You only need to spend a day with me and you will see the exceptional need for a food bank in Bude. We live in a beautiful part of the UK but a lack of jobs and seasonal employment means that there are a lot of people that simply don’t even have the basics”.

Bude Food Bank, based in Berries Avenue costs around £12k to run each year and benefits hugely from the support of local organisations including churches, community groups, schools and high street shops. Sue said “We simply couldn’t run our services without the amazing support of our local community. It’s been fantastic to see food and money arrive as we know that every donation makes a huge difference to many struggling families in Bude and the surrounding area”.

People needing support are given food parcels and are also able to visit the centre for refreshments and someone to talk to if they need help or advice. The food bank team is made up completely of volunteers.

Sue said “We’re a small team but have a big desire to support as many people as we can. We’ve seen grown men cry as a result of being able to offer them a little bit of help. There are lots of people out there who simply can’t make ends meet. Poverty is a real issue in our area, make no mistake. It could happen to any of us in an instance too. We don’t judge anyone, we’re just here to help people”.

Sue hopes that more local people will offer support. “We always need food donations, we also need people to pass on the word about what we do. If you pray, please pray for our work. If you can support us with a donation, then please help us financially. It costs £40 to provide a family of four with basic food for a week. It would be great if people could support us in any way that they can - the best way to do this is by setting up a monthly donation at www.budefoodbank.org.uk. Anything from as little as £3 per month will make such a difference to the people we support”.

For more information on the Food Bank contact Sue Jarvis on 01288 488748 or email info@budefoodbank.org.uk
Families visiting The Milky Way Adventure Park this Easter (until 13th April) are invited to journey down the rabbit hole to the NEW expanded Easter Bunny HQ. Meet the friendly Eggsperts who control the production of the entire world’s chocolate eggs, and help solve puzzles, make music and check out the clever egg-production process. Then you’ll be invited into the Easter Bunny’s front room, where all aged 1-12 will meet the Bunny and receive a FREE chocolate egg.

This award-winning, all-weather day out is just 15 miles from Bude and it’s fun for parents AND kids. Families will love the huge range of experiences on offer including live shows, crafts and activities, plus, there’s an exhilarating new addition open from April 2020. Ninja Stars is a brand-new game arena with obstacles to challenge anyone aged 6 years and up. Your first go is included in the standard park entry fee and you choose which events to attempt and in which order to reach the top of the leaderboard - just make sure you tag your wristband on the illuminated beacons to score points as you go. How high will YOU make it up the wall?! This is all within Planet Play, the park’s newly-refurbished indoor play space now with seating areas and cafe. There’s no better time to try it out!
Meet your local bobby, Dave Flynn

Each month, we will be finding out a little bit more about some of the people that contribute to our town. This month, Bude Life caught up with local police sergeant, Dave Flynn to find out a little bit more about him.

What’s your role?
Sergeant based out of Bude

How old are you?
37

When did you start your role in Bude?
I transferred to Devon and Cornwall police in 2009, having begun my career in Avon and Somerset in 2003

What’s your best moment of your career? (apart from being interviewed for Bude Life)
There have been quite a few, but catching a burglar red handed coming out of a shop.

What are your pet hates?
Laziness

What’s your favourite meal?
My wife’s all in one spicy pork meal

What’s your favourite football team?
Manchester City

What’s your favourite film?
The Green Mile or Home Alone at Christmas time

What’s your favourite band?
Coldplay

What do you enjoy doing outside of work?
Playing sport, drums, walking

What was your most memorable police call out?
A sheep on a narrow country lane, and this after working 6 years in a city centre!

If you were stuck on a desert island, what 3 things would you want with you?

What’s your biggest regret?
Not travelling the world more when younger

What do you particularly enjoy in your role?
The camaraderie between my colleagues

If you weren’t a policeman, what other job would you want to do?
International Cricket Umpire

If you could change something in Bude, what would it be?
The cost of parking in the beach car parks

Do you want to nominate someone or be nominated yourself for the next ‘In the Spotlight’? Contact us at info@budelife.co.uk
When it comes to putting on a good festival, there’s not many better than the Wyldes. With one of its highlights being the return of BRIT’s winner, Rag ‘n’ Bone Man along with some other star names, Bude Life takes an inside look at the year ahead.

Starting as a party in a field just outside Bude over 14 years ago, organiser Lee Ellis and his family embarked on a new venture which has evolved into a sprawling vision of arts, comedy, theatre and music, tucked away in a tree lined valley, known as The Wyldes.

Paloma Faith, Rag ‘n’ Bone Man and Fat Boy Slim are some of the well-known names who have previously graced the venue. This year, we’re promised more of the same, starting in June with a weekend seeing the return of BRIT winner Rag ‘n’ Bone Man (Fri 12 June), indie popsters Keane (Sat 13 June) who have sold over 13 million records worldwide and off the back of his latest album ‘Sleep No More’, English solo acoustic singer Jack Savoretti (Sun 14 June).

For those revellers wanting more of an electronic feel, Leopallooza – ‘the greatest house party in a field’ will bring a wide number of acts including synth indie dance act Metronomy along with iconic electronica duo, Goldfrapp to provide the beats for the weekend over 24–26 July.

Also on the bill for the Leopalooza festival are energetic indiepopsters The Mystery Jets and irrepressible animation studio Aardman Animations (Wallace and Gromit, Chicken Run), will be running family-friendly workshops over the weekend.

A new spa area sees luxurious hot tubs and a sauna overlooking the main stage, which organisers say is for guests when it all gets too much and they simply need to recharge! It’s all part of a new offering for festival-goers who will be able to treat themselves to a splash while keeping an eye on the main stage.

Into the Wyldes is also proud to be the first UK festival to ban single use plastics, including straws, cups and bottles on their bars, a zero landfill policy and bespoke stages built from reclaimed, locally-sourced materials – we’re promised planet-friendly partying!

The Wyldes is also confident of announcing more heavyweight names in the months and years ahead, which does little to help their view that The Wyldes is still North Cornwall’s best kept secret.

In such a short space of time, Into the Wyldes has entertained tens of thousands of revellers - and in doing so, is putting Bude firmly on the map.

For latest ticket news and event information, visit www.intothewyldes.com
A step into the Wyldes are energetic indie popsters The Mystery Jets and irrepressible animation studio Aardman. Aardman Animations (Wallace and Gromit, Chicken Run), will be running family-friendly workshops over the weekend.

A new spa area sees luxurious hot tubs and a sauna overlooking the main stage, which organisers say is for guests when it all gets too much and they simply need to recharge! It’s all part of a new offering for festival-goers who will be able to treat themselves to a splash while keeping an eye on the main stage.

Into the Wyldes is also proud to be the first UK festival to ban single use plastics, including straws, cups and bottles on their bars, a zero landfill policy and bespoke stages built from reclaimed, locally-sourced materials – we’re promised planet-friendly partying!

The Wyldes is also confident of announcing more heavyweight names in the months and years ahead, which does little to help their view that The Wyldes is still North Cornwall’s best kept secret.

In such a short space of time, Into the Wyldes has entertained tens of thousands of revellers - and in doing so, is putting Bude firmly on the map.

For latest ticket news and event information, visit www.intothewyldes.com

---

**WIN WYLDIES TICKETS**

**Competition Time**

*Bude Life* in partnership with the Wyldes is giving away a pair of tickets (including a night of camping) to either Rag ‘n’ Bone Man, Keane or Jack Savoretti over the weekend of 12-14 June.

Simply answer the following question, sending it with your full name and address to info@budelife.co.uk

What year did Rag ‘n’ Bone Man win his first Brit Award?

a) 2016   b) 2017   c) 2018

T&C’s: Competition closes: 3/05/20. Winning tickets subject to selected event going ahead and in compliance of entry terms and conditions of the Wyldes venue.

---

**The Break Bar, Beach House**

North Cornwall’s laid-back venue on the beach

Listed in the top 20 beachside bars & restaurants in the UK (The Times)

Seafood, Soul food & Sunsets
Chargrilled steaks & skewers

Family friendly. Dog’s welcome

(See Beach bar for menu, opening hours & info)

**t: 01288 361256 | www.beachhousewidemouth.co.uk**
Badgall, Launceston £895,000

Beautifully restored and extended Grade II Listed Georgian farmhouse brimming with original character features and set in 3/4 acre of private gardens. A rare opportunity to purchase a property of such high quality.

St Clether, Launceston £675,000

Grade II Listed Farmstead comprising farmhouse, adjoining cottage and detached single storey barn. Secluded and peaceful rural location on the edge of Bodmin Moor.

Stratton, Bude £640,000

Currently under construction is this substantial south facing detached 4 bedroom family home of modern and contemporary design, completed to an extremely high standard of finish. EPC TBC.

Boscastle, Cornwall £525,000

Situated within a peaceful area of Upper Boscastle and enjoying sea views, Bramble Cottage presents an excellent opportunity to acquire an efficient modern detached property, completed to an extremely high standard of finish. EPC C.

Bude, Cornwall £350,000

A deceptively spacious terraced cottage that sits beside the picturesque River Neet at the heart of Bude Town, believed to date back to the 16th century. EPC TBC.

Stratton, Bude £175,000

An opportunity to purchase a newly completed luxury apartment in a select community of just 10 properties. The building enjoys a modern design with excellent use of space and light to create contemporary living accommodation for both the residential and holiday home markets. EPC TBC.

Whitstone, Cornwall £285,000

An attractive two bedroom (two en-suite) stone barn conversion situated in a most peaceful location. Converted in 2004, Stable Barn provides cozy living accommodation as a rural retreat, benefiting from oil fired central heating and double glazing. EPC D.

Bude, Cornwall £250,000

A charming three bedroom, end-terrace cottage situated on a popular and quiet road in the Flexbury area of Bude, close to amenities and local beaches. EPC C.

Woodford, Morwenstow £135,000

Quaint end-terrace cottage in need of modernisation in a rural hamlet close to the coast, National Trust walks and woodland. EPC TBC.

Call 01288 359999

Call 01288 359999

Call 01288 359999

Call 01288 359999

Call 01288 359999

Meet the Bude team

Meet the Bude team

Meet the Bude team

Meet the Bude team
Bude

8 Belle Vue
Bude
Cornwall
EX23 8JL
01288 359999
bude@kivells.com

Sam Hocking MNAEA
Senior Negotiator

Mandy Ellicott MARLA
Lettings Manager

Daniel Stokes MNAEA
Area Manager

Katie Wilbraham
Sales Negotiator

Julie Howes
Assistant Negotiator

Available 7 days a week.
Spring is a time I really enjoy. It is filled with hope and optimism as we say goodbye to the cold and dark nights, when nature wakes up – and where we all look forward to fun times ahead. For me this involves more time on the beach with the family - and in the sea with my beloved surfboard!

The changing seasons always remind me that there may be dark and difficult times that we face in our lives but that there is always hope for better times ahead. As a Christian, I believe that God offers us this hope and is interested in our lives. In the bible, John 3:16 it says ‘For God so loved the world, that He gave us His only Son, that whoever believes in Him will not die but have everlasting life.’ I have seen for myself that God has and continues to change lives for the better, even if it sometimes feels like all hope has gone. Why not pick up a bible this year and read about the hope that Jesus brings – or visit your local church and find out more.

Pastor Steve Ellerington
Oceans Community Church, The Venue,
Bude Steve@oceanscommunitychurch.co.uk
“Housing market will continue to move in Bude despite Coronavirus”

Although businesses have never experienced anything like Coronavirus before, houses are still for sale and people will still want or need to move. Bude Life takes a look into one business sector where despite new uncertainty, there are still positive signs of hope.

Each year there are a high number of people wanting to move to the Bude area, but over the last few years, despite an uncertain national picture, the housing market in Bude has remained buoyant.

Area Manager for Kivells Estate Agents, Daniel Stokes told Bude Life “We’ve certainly bucked the national trend over the last few years as demand for housing has been higher than available properties coming onto the market. This has helped to cause a house price rise locally which has obviously been great news for local people thinking of selling.”

Kivells have found that both the selling and rental market have been equally busy – with the properties creating most interest being 3 and 4 bedroom family houses and detached bungalows within the £275,000 to £375,000 price range.

With spring approaching, local estate agents have already started to see a typical increase in the number of people asking for market appraisals with website clicks increasing as people look to see what new properties are on the market – Rightmove property portal had 152 million visits in January which is their highest ever on record!

Daniel told us “Yes there is uncertainty at the moment, but we know that people are still wanting to buy, sell and rent. The Bank of England cut interest rates again to just 0.25% which should feed through to lower mortgage rates assisting the market further. We would encourage people who are looking to move house, to really take advantage of our website and take time to explore what is on the market with us.

“All property brochures are available for download and our property descriptions are fully comprehensive. We also have better photos online than ever before, giving customers a really good insight before visiting. Obviously people will want to also get out and about to view properties in real life and we will be working hard in line with government advice over the coming months to allow viewings to continue to happen - and people to move house.”

If you are thinking of moving this year or want to discuss your move, you can call Daniel Stokes at Kivells on 01288 359 999 or email www.bude@kivells.com

Want to be seen in our Summer edition of Bude Life?
If you want your business to feature in our next edition and reach 5,000 homes and public outlets across Bude, call 07738 707920 or email info@budelife.co.uk
DENISE WELLINGTON
DIP FD
FUNERAL SERVICES

Independent, Compassionate & Caring

Bereavement Care
Memorials
Pre-Paid Funeral Plans

Golden Charter

24 hour contact
Tel: 01288 359277

Thornelea    St.Anne’s Hill    Bude    Cornwall    EX23 0LT

www.denisewellingtonfunerals.co.uk

enquiries@denisewellingtonfunerals.co.uk
Bereavement support made a world of difference

Local Bude lady reached out to North Devon Hospice following death of husband

Norah Dabill and her husband Jack moved to Bude following a job promotion at GCHQ back in 1982. It was in Yorkshire where Norah and Jack first met with a game of bowling. Norah tells us “It took me a few years of married life before I realised that Jack was actually called John – it’s a bit of a Yorkshire thing!”

Jack’s passion for scuba diving, meant that all of their free time was spent on the Cornish beaches or family holidays in Gozo, Malta - their favourite destination.

Throughout married life, Jack enjoyed smoking a pipe. Norah tells us “Lots of people were smoking back then and we simply didn’t know the dangers of it. It was when Jack passed blood in his urine that we knew he was in trouble. He ended up being diagnosed with bladder cancer in 2013; it was such a shock as Jack had always been so fit and healthy. He had the opportunity to have an operation for his cancer but he turned it down as it would have meant him giving up his scuba diving. He was ok for 3 years after having some chemotherapy and radiotherapy but then it came back and he eventually died at our home in Bude.”

Norah added “After Jack died, my neighbour told me about North Devon Hospice at The Long House in Holsworthy and my GP referred me for some bereavement counselling. The Long House is such a wonderful place. It changed everything for me. There is so often a stigma associated with hospices, as if people are giving up. It’s such a supportive and wonderful environment. I was so tired looking after Jack.

Emotionally I was finding it so difficult. I was telling myself I was fine but afterwards my body was saying I wasn’t fine. I kept getting headaches – the pressure and the worry was really there and building. I knew I was going to hit a brick wall and I reached out to the Hospice before I hit it.”

“By talking about these things, it was like a weight coming off my shoulders. I was told that anytime I wanted to come back, I could do so. It’s fantastic to know that the Hospice is there for me and I don’t have to carry on holding everything in.”

“Sometimes you think you can cope and we try to be ‘all British about it’. It’s the afterwards when you can have real problems and that’s when you need someone to talk to. All the questions emerge like what happens next to me when the focus has been on someone else; where do I live, what should I do. I would have been in an absolute state if I hadn’t been to the Hospice. I can’t speak highly enough of the Hospice and am so grateful that I can continue to get the support I need from them – they’re just a phone call away and that’s so reassuring.”

For more information on the services provided by North Devon Hospice, visit www.northdevonhospice.org.uk or call 01271 344248.

Got a story to share? Contact us at info@budelife.co.uk
Laparoscopy has come to Penbode Pet Vets

A new laparoscopy (keyhole surgery) is the latest technology to come to the Stratton branch at Penbode Pet Vets, Pas Medina and Andy Pierce.

The laparoscopic bitch spay is all about performing surgical techniques with minimal invasion into the abdomen using instruments and fibre optics through ‘keyhole’ incisions. Alongside laparoscopic bitch spays or ovariectomies, the Penbode Team are also exploring other surgeries which the laparoscopic approach can facilitate, which they will introduce later in the year.

Laparoscopic Bitch Spays
The advantages of a laparoscopic spay over a traditional open spay are:
- There is less post-operative pain.
- There is a faster recovery period. This is due to wounds being much smaller and fewer stitches involved. Although the bitch may be fine after five days we do recommend a 10 day rest and recovery period.
- As the incisions are smaller, there is a lesser risk of post-operative complications with the incisions, as well as less trauma to the tissues.

If you are interested in finding out more about laparoscopic bitch spays with Penbode Pet Vets, please call them on 01288 359500.

Bude Hand Car Wash

Hand Car Wash & Valeting Centre

Open 7 Days
Mon - Sat 8am - 5pm
Sun  - 9am - 4.30pm

Drive through - shine while you shop or wait

We are here:
Homeleigh Garden Centre
Bude
EX23 9NR
*At the end of Homeleigh Car Park

Find us on Facebook: Bude Hand Car Wash

No need to book. Drive in anytime

For more info call 07391 000905 or email poshwash11@gmail.com
RNLI supporting more people on our beaches than ever before!

RNLI ready once again to protect us on our Cornish coastline this year.

We might sometimes take them for granted, but the RNLI will once again this year be working hard to keep us all safe on our coastline. Their lifeguards will be patrolling Widemouth and Summerleaze from Easter, Black Rock, Crooklets and Sandymouth from May and Crackington Haven and Northcott from July.

RNLI lifeguards dealt with a staggering 17,356 incidents across the UK last year and of those, over half were incidents covering the south west alone. The charity’s volunteer crew who provide a search and rescue service 365 days a year, launched to 1,345 incidents in the south west last year.

The RNLI lifeguards who patrol the beaches across Cornwall and North Devon have seen an increase in visitor numbers and people using the water. RNLI’s Amy Caldwell told Bude Life “Water sports equipment is more affordable and accessible, the lifeguards are seeing more people surfing or paddle boarding - and later into the season too as wetsuit technology continues to improve.”

RNLI lifeguards are there to help beach visitors stay safe. At the start of the day, they identify a safe bathing area and mark it out with red and yellow safety flags. They position rescue equipment next to their patrol zones and monitor people in the water so, should anyone get into difficulty, the lifeguards are ready to respond immediately.

Lifeguarding is a proactive service, aimed at preventing incidents from happening in the first place, so a large portion of their day is spent advising members of the public about potential hazards and how to stay safe. Throughout the day, they advise beach users to swim between the red and yellow flags, to reduce the risk of bathers getting into trouble in the sea. If the sea conditions change during the day, they will move the flags accordingly and if conditions become too rough or dangerous during the day, the lifeguards will put up red flags, which indicate to the public it is not safe to enter the water.

RNLI lifeguards are trained in casualty care which means they are ready to respond to both major and minor first aid incidents, as well as missing children and assisting their emergency services partners in dealing with other incidents.

To find out ways to keep safe this year on our beaches, or to check out the latest updates including RNLI lifeguarding times – or if you would like to make a donation to the charity visit www.rnli.org.uk

www.budelife.co.uk
SPECIAL OFFER
3 MONTHS GYM MEMBERSHIP & FREE induction £70

COME AND JOIN US NOW!

✦ NO Contract or joining fee
✦ FREE Induction & four-weekly reprogramming
✦ On-demand guidance from highly experienced trainers
✦ Amazing fitness classes PUMP, STEP AEROBICS, STEP MEGAFIT, PARACISE, GLOW BEATZ, CELEBRITY BOOTY WORKOUT and *NEW DANCE CLASS* SOSA
✦ Personal training
✦ Exercise prescription for complex medical conditions
✦ Friendly and supportive
✦ DEDICATED to your health and fitness
✦ All INCLUSIVE gym and fitness classes only £40pm

DAVID ON 01288 356635 OR 07462 880633
www.fusion-fitness-bude.com  fitness.bude@gmail.com
Waveriders which is one of the UK’s largest Surf Clubs based in Bude, will be kicking off its 8th year at the end of May.

Around 200 members including budding and advanced surfers, coaches, volunteers and committee members will be hitting the surf at Summerleaze when the sea warms up.

Waveriders is open to both children and adults who are interested in having a go at surfing.

Waveriders chairman, Martin Reay is looking forward to the year ahead. He told Bude Life “It all started at the Edgecombe Hotel where a couple of brother in laws invited me to discuss the formation of Bude’s very own Surfclub. We presented our plan to the local community and the committee was formed. With a generous donation from the late and great Dave Pritchard we bought the safety equipment we needed and then the Blanchminster Trust also supported us to get on our feet. The rest as you say is history”.

Waveriders meet every Friday (weather permitting) at 5.30pm in Summerleaze car park for their beginners kids session from 6pm-7pm and with the intermediates/advanced session combined with the adult beginner group, meeting at 6.30pm for a 7pm-8pm session.

Martin is hugely proud of what Waveriders has achieved. He told us “We have had some incredible achievements throughout our last 7 years including some of our members going on to represent England at World Championships such as Ellie Turner and Emily Currie. We have committee members now also working for our National Governing Body to drive surfing forward in England. However the greatest moments we all love the most is watching somebody stand up and ride their very first wave - and sharing that experience with us is truly incredible”.

Budewaveriders pride themselves on being a community club. We develop respect of our environment, we teach perseverance and overcoming our fears and phobias. We want kids to be active and to learn how to be safe in the ocean. We are run by volunteers who selflessly give hours of their lives to benefit others and to whom I am eternally grateful. Ultimately we are all just “Frothing for Friday”

If anybody would like to introduce their kids to surfing our even have a go themselves or your keen to become a volunteer in the club to give something back to the club and its community then visit our Facebook page - Budewaveriders.

“Our greatest joy is sharing the sport of surfing with our community”
James and Aldridge Garage Ltd are a family run business in the heart of Bude

With a brand new state of the art garage, our highly trained technicians can cater for any work. We offer Class 4 and Class 7 MOTs with booking online. Our huge recovery fleet are available 24 hours a day, 7 days a week for any breakdown requirements. We stock the best range of budget to premium tyres!

www.jamesandaldridge.co.uk  ☎️
Huge new facility open in Bude

It’s previously been known for its huge soft play area and ten pin bowling, but The Venue in Bude has converted its upstairs space into a fully functioning and spectacular conference facility.

The new ‘Oceans Conference Suite’ caters for events up to 250 people and is fully equipped with P.A. facilities, a huge digital screen and has smaller breakout meeting rooms alongside it.

Manager, Donna said “Whether you’re looking for a meeting room of 5 or 250 people, we’ve got it covered. We have 3 smaller meeting rooms, our studio room and a party room available to hire alongside our large plush conference suite – we’re pretty sure it’s the biggest meeting space available in Bude!”

She added “We can accommodate wedding or business functions and can provide a range of catering from teas and coffees right through to a lovely 3 course menu. We can also offer a bar facility on the first floor and exclusive side entrance for guests if they don’t want to go through the soft play and bowling area.”

For more information on these new facilities, please email hello@thevenuebude.co.uk or call 01288 355366.

A warm welcome awaits at Cornish Coasts

We want to offer Locals 10% discount for family and friends booking their 2020 holiday if they quote BUDELIFE10

Middle Penlean, Poundstock, Bude, EX23 OEE

For bookings call 01288 361380 or email admin@cornishcoasts.co.uk

www.cornishcoasts.co.uk
Celebrate Spring in Bude with your pets!

All pets are welcome in our Cornwall and Devon branches.

From pets on holiday to local wildlife; from loyal, old farm dogs to pampered parakeets!

Our fantastic team are on hand around the clock to keep your pets healthy and happy.

www.penbodevets.co.uk

Stratton/Bude 01288 359500 | Camelford 01840 213277
Bradworthy 01409 241241 | Holsworthy 01409 253822
Eye in the sky

Former local lifeguard James Kivell, has put aside his surfboard and rescue gear and now offers spectacular aerial footage to businesses.

James who has lived in Bude all of his life, told us “It’s a privilege to live in such a beautiful location. As a lifeguard, I worked for 5 seasons, covering Northcott, Black Rock and Widemouth Bay.”

James grew up with a passion for photography when his parents bought him his first camera at a young age. His love for photography continued alongside his lifeguarding where he bought better cameras – and finally his first drone!

James remembers first debating whether to get one, telling Bude Life “My Mum told me, it’s just a toy and you’ll never use it, but when I took it out, that was it – I was totally hooked. It just blows my mind.”

He added “The new view I get from above is amazing. I love shooting the surf shots, beach and coastline shots - and just take a massive advantage of where I live. Seeing the waves from above is unbelievable. There are new patterns and features that you just don’t get to see from eye level. If I go anywhere, so does my drone. I’m particularly drawn to wildlife and catching wildlife with a drone is the best feeling. In Boscastle recently, I spotted a seal colony with my drone. They looked like rocks at first, but there were 50 seals swimming around. When I got home and watched the footage, it was an incredible experience!

“I much prefer taking pictures of surfing rather than going in the sea now – even if the waves are pumping!”

Such is James’ love for shooting aerial footage, there seems little chance that he will be ditching his drone for anything else. For more information on James’ business including photography and video, visit his facebook page - North Coast Media.

www.budelife.co.uk
FIND A LITTLE touch of perfect...

At Widemouth Fields

Luxury Holiday homes and lodges in peace and tranquility. Yours to enjoy all year round with a super long licence up to 99 years!

ariaresortshomes.co.uk
01288 361 351 ~ widemouthsales@ariaresorts.co.uk
“A love for sport drove me into teaching”

Louise Paton or ‘Mrs P’ as she is better known by her pupils is a teacher at Marhamchurch Primary School. Bude Life caught up with her to find out a little bit more about the job she is so passionate about doing.

It was in 2001 when Mrs P moved to Cornwall with her husband after previously carrying out a teaching job in Dorset and a 3-year teaching role in Malawi, Africa.

Shortly after her move to Cornwall, Mrs P joined Marhamchurch Primary School where her enthusiasm for the job, particularly sport, immediately had an infectious and positive impact on her young pupils.

She told us “I love my job and it’s fantastic to see the enthusiasm of the children in absolutely any activity we put on. When I was growing up I did every sport possible, starting with gymnastics when I was much younger, then badminton and then hockey and netball at secondary school before going on to play volleyball at university”.

“My proudest moments in teaching are always when we go to our sports festivals at Budehaven School and when I see that so many of the sports leaders running the sessions are ex-Marhamchurch school children – it makes me feel so proud”.

She added “Things have changed so much in recent years with school and sport, particularly for our girls. They’re now enjoying football and tag rugby and we were delighted that our boys this year entered the under 7s category at this year’s North Devon Gymnastics Competition – and won a bronze medal. We’re widening the sports we offer all the time and have now started Taekwondo. I think we only have skydiving left to introduce at our school”.

With her positive outlook and willingness to see her pupils develop and flourish, Mrs P remains a big favourite with both pupils and their parents, as well as with her fellow colleagues. Not only has she been instrumental in developing confidence and talent among her ‘sports crazy’ pupils – but in doing so, along with the support of her teaching colleagues, has also helped to fill up the schools’ own trophy cabinet!
There’s not many better places to swim or simply chill on a warm day, than around the Bude Sea Pool.

Bude Sea Pool has been enjoyed by locals and visitors to the area since it was built in the 1930s. Around 50,000 people use the pool every year, making it the top visitor attraction in Bude.

The pool which is managed by the Friends of Bude Sea Pool (FoBSP), is a local charity that aims to preserve, improve and enhance Bude Sea Pool as a free amenity for the benefit of the community and its many visitors each year.

With nearly 1,000 reviews on Trip Advisor, most exuberate the positive feeling that we all have when using its facility. Holiday maker, Christine Wood was one “What a delight, well maintained, excellent staff and all volunteers. Love it all come rain or shine. I will keep forwarding my donations to keep the sea pool open. Thank you Bude!”

The charity receives no public funding and relies on financial contributions to keep its fantastic facility going. To make a donation visit www.budeseapool.org/donate

---

Join us for our Sunday services in our new location: The Venue, Bude. EX23 8AR (opposite Morrisons)

Starts 10:30am

Sung Worship
Bible Teaching
Prayer
Children’s & Youth Programme
Refreshments

e: admin@oceanscommunitychurch.org.uk
w: oceanscommunitychurch.co.uk
Do you want to take your business to the next level?

We’re based in the Bude area and work right across the South West, helping small, medium and larger businesses who are wanting to connect in a better way with their customers.

Design & Print / Marketing Planning and Advice
Website Building or Redesign & SEO / Video Production
Photography (including aerial) / Social Media Campaigns
Print Distribution

Get in touch at hello@purplewavemedia.co.uk
or call 01288 353773

www.purplewavemedia.co.uk
MULTI AWARD WINNING FUN

The Milky Way
Adventure Park

NEW!

www.themilkyway.co.uk
Near Clovelly, EX39 5RY